Music, Movement, and Learning in the Early Childhood Classroom

During this one-day session, participants explore the stages of music and motor development in young children and its connection to social, emotional, and cognitive development. Participants investigate the relationship between strong motor-skill development, as well as musical concepts, that relate to higher-level cognitive functions. Strategies and music activities discussed include experiences that develop phonemic awareness, such as songs, finger plays, poems, and so on that enhance literacy and phonemic skills such as rhyme and sequence patterns.

OUTCOMES:
By the end of the workshop, participants will be able to:

• Understand the correlation between developmentally appropriate practices and early childhood learning.
• Explore the research behind motor skills and child development.
• Learn the difference between gross motor skills and fine motor skills.
• Participate in gross motor and fine motor music and movement activities.
• Develop new ways to incorporate gross and fine motor activities into the daily curriculum.

AGENDA:
(See the following page for extended agenda.)

Section 1: Introduction
Section 2: Developing Social Skills through Music and Movement
Section 3: Developing Cognitive Skills through Music and Movement
Section 4: Classroom Management through Music and Movement
<table>
<thead>
<tr>
<th>SECTION</th>
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</table>
| 1: Introduction                              | 90 minutes | Introduction and Welcome  
                                        Activity: Getting to Know You  
                                        Agenda  
                                        Expected Outcomes  
                                        Research Says…  
                                        Activity: Music Around the Clock  
                                        Activity: Let’s Have Some Fun |
| Break                                        | 15 minutes | Activity: Top Three Reasons to Sing  
                                        Developing Social Skills  
                                        Learning My Name  
                                        Making New Friends  
                                        Saying Goodbye  
                                        Building Self-Esteem |
| 2: Developing Social Skills through Music and Movement | 90 minutes | Research Says…  
                                        Developing Cognitive Skills  
                                        Defining Our Terms  
                                        Playing with Sounds  
                                        Letters and Phonics  
                                        Singing the Alphabet  
                                        Singing Letters  
                                        Activity: Singing Letters  
                                        Group Activities  
                                        Number Sense  
                                        Shape March  
                                        Research Says… |
| Lunch                                        | 60 minutes | |
| 3: Developing Cognitive Skills through Music and Movement | 90 minutes | Research Says…  
                                        Developing Social Skills  
                                        Learning My Name  
                                        Making New Friends  
                                        Saying Goodbye  
                                        Building Self-Esteem |
| Break                                        | 15 minutes | |
| 4: Classroom Management through Music and Movement | 90 minutes | Activity: Classroom Application  
                                        Managing the Environment  
                                        Moving Down the Hall  
                                        Music, Movement, and Action  
                                        Shake the Wiggles Out  
                                        Transition Songs  
                                        Cleanup Time  
                                        Activity: Making Your Own Instruments  
                                        Looking Back  
                                        Activity: Shaping Up My Ideas  
                                        Closing |
| Total                                        | 6 hours  | |

**Total**: 6 hours