Music, Movement, and Learning in the Early Childhood Classroom

Explore the stages of music and motor development in young children and their connection to social, emotional, and cognitive development. Participants investigate the relationship between strong motor-skill development and concepts that relate to higher-level cognitive functions. Strategies and music activities discussed include experiences that develop phonemic awareness, such as songs, finger plays, poems, and so on that enhance literacy and phonemic skills such as rhyme and sequence patterns.

OUTCOMES:
By the end of the workshop, participants will be able to:

• Understand the correlation between developmentally appropriate practices and early childhood learning.
• Explore the research behind motor skills and child development.
• Learn the difference between gross motor skills and fine motor skills.
• Participate in gross motor and fine motor music and movement activities.
• Develop new ways to incorporate gross and fine motor activities into the daily curriculum.

AGENDA:
(See the following page for extended agenda.)

Introduction
Section 1: Developing Social Skills through Music and Movement
Section 2: Developing Cognitive Skills through Music and Movement
Section 3: Classroom Management through Music and Movement
<table>
<thead>
<tr>
<th>SECTION</th>
<th>TIME</th>
<th>AGENDA ITEMS</th>
</tr>
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</table>
| Introduction                                 | 90 minutes | Introduction and Welcome  
Activity: Getting to Know You  
Agenda  
Expected Outcomes  
Research Says…  
Activity: Music Around the Clock  
Activity: Let’s Have Some Fun |
| Break                                        | 15 minutes |                                                                             |
| 1: Developing Social Skills through Music and Movement | 90 minutes | Activity: Top Three Reasons to Sing  
Developing Social Skills  
Learning My Name  
Making New Friends  
Saying Goodbye  
Building Self-Esteem |
| Lunch                                        | 30 minutes |                                                                             |
| 2: Developing Cognitive Skills through Music and Movement | 90 minutes | Research Says…  
Developing Cognitive Skills  
Defining Our Terms  
Playing with Sounds  
Letters and Phonics  
Singing the Alphabet  
Singing Letters  
Activity: Singing Letters  
Group Activities  
Number Sense  
Shape March  
Research Says… |
| Break                                        | 15 minutes |                                                                             |
| 3: Classroom Management through Music and Movement | 90 minutes | Activity: Classroom Application  
Managing the Environment  
Moving Down the Hall  
Music, Movement, and Action  
Shake the Wiggles Out  
Transition Songs  
Cleanup Time  
Activity: Making Your Own Instruments  
Looking Back  
Activity: Shaping Up My Ideas  
Closing |
| Total                                        | 6 hours |                                                                             |